



Paul D. Tonko

Proudly serving New York's Capital Region



2025

Year in Review



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For so many, this past year has been a difficult one. Prices — from groceries, to utility bills, to healthcare — have risen. The President has deployed the National Guard against our own citizens. Meanwhile, masked ICE agents have swept through courtrooms, churches, and schools, scooping up immigrants and Americans alike. And overseas, we have witnessed acts of horror with the killings of innocent civilians in Ukraine and Gaza.

But while these last few months have tested our resolve, they have also shown the power of purpose and the perseverance of our communities.

Never in my years in Congress have I seen so many citizens, young and old, come together to speak truth to power. Americans who have never before engaged in politics are attending rallies, contacting their representatives, and making their voices heard. I could not be prouder to serve you, bring your voices to Washington, and do everything in my power to deliver for our Capital Region.

This job serving as your representative continues to be the honor of a lifetime. No matter the challenges and difficulties we face, I remain as committed as ever to moving forward with a spirit of service and delivering for the people I represent.

Your friend,

2025: BY THE NUMBERS



920+

resolved cases to assist constituents with issues on immigration, social security, Veterans Affairs & more



\$60,800+

delivered directly to local veterans seeking assistance with the VA



7 town hall events held to engage directly with constituents



15 mobile office hours to bring direct assistance to constituents seeking help with federal agencies

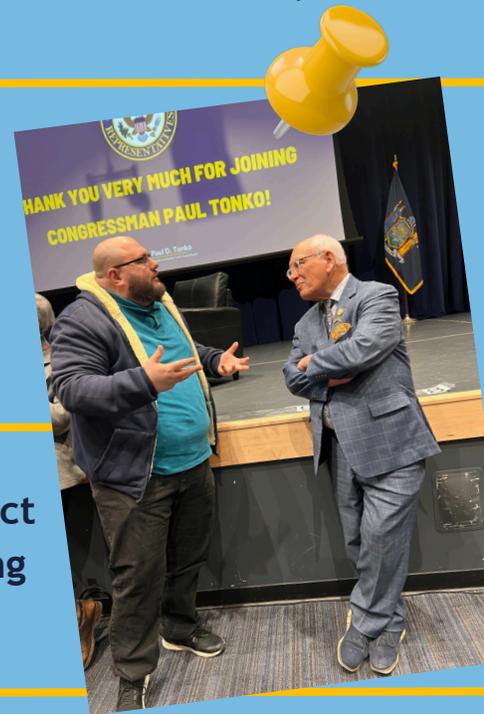


57,000+

responses to calls, emails & letters and other outreach from constituents

Top issues:

- Elon Musk/DOGE
- Corporation for Public Broadcasting Funding
- Protecting Medicaid
- Government Shutdown
- Department of Education





Introduced 16 bills, including legislation to:

- Protect scientific integrity by establishing clear, enforceable standards for federal agencies and federally-funded research to keep public air science independent from meddling by political and special interests (H.R. 1106; 130 cosponsors)
- Empower states to restore Medicaid access for incarcerated individuals reentering society, thereby saving lives and reducing recidivism (H.R. 2586; 80 cosponsors)
- Establish commonsense safety standards on the sports betting industry to protect players, fans, and families from the impact of gambling addiction (H.R. 2087)
- Investing in home weatherization efforts to save families hundreds of dollars on their energy bills while making homes safer, healthier, and more energy efficient (H.R. 1355; advanced through full committee)

11 bills and resolutions were introduced with at least 1 Republican co-sponsor (>2/3 bipartisan)

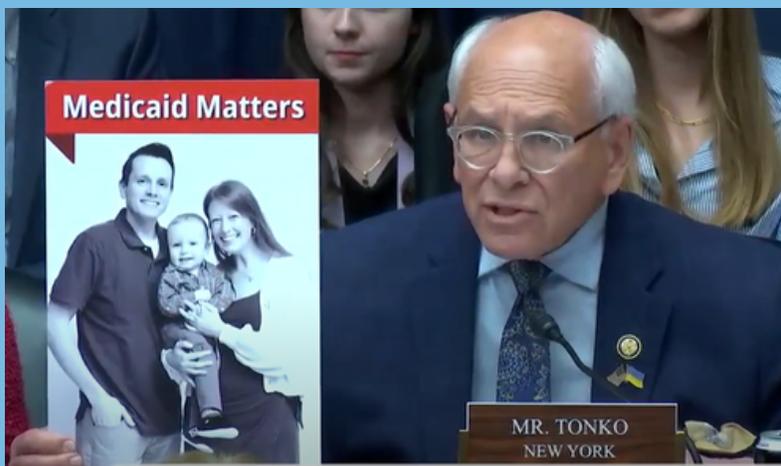
Cosponsored more than 400 bills

Committee/Caucus Work



Participated in multiple overnight hearings to share constituent stories on why Medicaid matters and oppose the disastrous cuts in the Big Ugly Bill.

Took part in 10 events held by the Addiction Treatment and Recovery Caucus including naloxone trainings, briefings on addiction recovery, roundtable discussions on psychedelic research and more.



Bringing Federal Dollars to Our Capital Region



Saved nearly **\$81 million** for individuals, small businesses, and organizations seeking federal assistance with the IRS and TAS



Secured **\$3,000,000** in funding for local projects to improve water infrastructure, construct community centers, and support public needs and services



Delivered **\$5.45 million** in federal funding for 11 Capital Region fire departments and EMS squads



Provided nearly **\$32 million** for the Capital District Transportation Authority (CDTA) for the acquisition of hybrid-electric buses and new technology systems



Sent **20+** newsletters sharing grant opportunities with thousands of individuals, small businesses, nonprofits, and more to help secure targeting funding for the district





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My Office is Here to Help!

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Stay connected with my office by signing up for my e-newsletter at [Tonko.house.gov](https://tonko.house.gov) & following my social media



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